said first end of said first reinforcing member and a second end pivotably coupled to said first end cap, said second roller unit including a first end fixedly coupled to said second end of said first reinforcing member and a second end pivotably coupled to said second end cap; said second channel member comprising an elongated hollow member providing a second cavity extending therethrough, a second reinforcing member fixedly secured within said second cavity and having first and second ends, and third and fourth roller units, said third roller unit including a first end fixedly coupled to said first end of said second reinforcing member and a second end pivotably coupled to said first end fixedly coupled to said second reinforcing member and a second end of said second reinforcing member and a second end of said second reinforcing member and a second end of said second reinforcing member and a second end pivotably coupled to said second end cap.

- 40. (NEW) The extension arm of claim 39, wherein said reinforcing members comprise hollow members having open ends, said first ends of said roller units comprising a projecting member fixedly secured within a respective open end of one of said reinforcing members, and said second ends of said roller units comprising a cylindrical member.
- 41. (NEW) The extension arm of claim 40, wherein said first and second reinforcing members each include a top wall and a bottom wall, said top wall including a first void adjacent the first and second ends of said reinforcing members, said bottom wall including a second void adjacent the first and second ends of said reinforcing members in respective alignment with said first voids, said projecting members of said roller units each including a third void in respective alignment with said first and second voids within said top and bottom walls of said reinforcing members, and a fastener within said aligned first,

second and third voids fixedly securing said roller units to said first and second channel members.

- A channel member for an adjustable extension 42. (NEW) arm, said channel member comprising an elongated hollow member cavity extending therethrough, an elongated providing a reinforcing member having first and second ends fixedly secured within said cavity, and first and second roller units, said first roller unit including a first end fixedly attached to said first end of said reinforcing member and a second end adapted for coupling to a first end cap of an adjustable extension arm, said second roller unit including a first end fixedly attached to said second end of said first reinforcing member and a second end adapted for coupling to a second end cap of an adjustable extension arm.
- 43. (NEW) The channel member of claim 42, wherein said reinforcing member comprises a hollow member having open ends, said first ends of said roller units comprising a projecting member secured within a respective open end of said reinforcing member, and said second ends of said roller units comprising a cylindrical member.
- 44. (NEW) The channel member of claim 43, wherein said reinforcing member includes a top wall and a bottom wall, said top wall including a first void adjacent the first and second ends of said reinforcing member, said bottom wall including a second void adjacent the first and second ends of said reinforcing member in respective alignment with said first voids, said projecting member of said roller units each including a third void in respective alignment with said first and second voids within said top and bottom walls of said reinforcing member, and a fastener within said aligned first, second and third voids fixedly said roller units to said channel member.

45. (NEW) The channel member of claim 42, wherein said hollow member includes a pair of spaced sidewalls connected by a top wall and opposing shelves inwardly projecting from said sidewalls, said sidewalls, said shelves and said top wall defining said cavity.

- extension for adjustable forearm 46. an (NEW) extension arm, said forearm extension comprising an elongated hollow body having first and second ends, a first coupling separately attached to said first end of said body and a second coupling separately attached to said second end of said body, said first coupling including a first end having a bore therein adapted for pivotably mounting said forearm extension to a second end cap of an adjustable extension arm and a second end fixedly attached within the first end of said body, said second coupling including a first end having a bore therein adapted for coupling an electronic device thereto and a second end fixedly attached within the second end of said body.
- 47. (NEW) The forearm extension of claim 46, wherein said first and second couplings each include a stop member limiting the extent of engagement of said second ends of said couplings within said first ends of said body.
- 48. (NEW) The forearm extension of claim 46, wherein the second ends of said first and second couplings include a void, and a mass of aluminum material adhered to an inner surface of said hollow body within said void.
- 49. (NEW) A method of making a channel member having a predetermined length for an adjustable extension arm, said method comprising forming an elongated hollow member of indefinite length relative to the length of said channel member, said elongated hollow member having a cavity extending therethrough, severing a portion of said elongated hollow member to provide a predetermined length hollow member, inserting a

reinforcing member having first and second ends into said cavity of said predetermined length hollow member, coupling one end of a first roller unit to said first end of said reinforcing member, and coupling one end of a second roller unit to said second end of said reinforcing member.

- 50. (NEW) The method of claim 49 further including forming said first and second ends of said reinforcing member with first and second respective voids, forming said one end of said first roller unit with a third void and said one end of said second roller unit with a fourth void, aligning said first and second voids with a corresponding one of said third and fourth voids.
- 51. (NEW) The method of claim 49, wherein said first and second ends of said reinforcing member comprises open ends, and wherein said coupling step comprises inserting said one end of said first and second roller units into a respective one of said open ends.
- 52. (NEW) The method of claim 49, wherein said reinforcing member has a predetermined length by severing a portion forming said reinforcing member from an elongated reinforcing member of greater length.
- 53. (NEW) A method of making an adjustable extension arm for mounting an electronic device thereto, said method comprising forming a first channel member having a cavity extending therethrough, wherein said first channel member has a predetermined length by severing a portion forming said first channel member from an elongated channel member of greater length, inserting a first reinforcing member having first and second ends into said cavity, wherein said first reinforcing member has a predetermined length by severing a portion forming said first reinforcing member from an elongated reinforcing member of greater length, coupling one end of a first roller

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unit to said first end of said first reinforcing member and coupling one end of a second roller unit to said second end of said first reinforcing member; forming a second channel member having a cavity extending therethrough, wherein said second channel member has a predetermined length by severing a portion forming said second channel member from an elongated channel member of greater length, inserting a second reinforcing member having first and second ends into said cavity, wherein said second reinforcing member has a predetermined length by severing a portion forming said second reinforcing member from an elongated reinforcing member of greater length, coupling one end a third roller unit to said first end of said second reinforcing member and coupling one end of a fourth roller unit to said second end of said second reinforcing member; nesting said first and second channel members together; pivotably attaching one common end of said first and second channel members to a first end cap; and pivotably attaching the other common end of said first and second channel members to a second end cap.

54. (NEW) The method of claim 53, wherein said first and second ends of said reinforcing member comprises open ends, and wherein said coupling step comprises inserting said one end of said first, second, third and fourth roller units into a respective one of said open ends.